Terms and Conditions for Coaching Programme (Online Curriculum + 1-1 Coaching, either or both)

Last Updated: February 2024

Please read these Terms and Conditions ("T&Cs") carefully before enrolling in 1-1 coaching which is offered by Maya Gudka – Executive Coaching ("Provider," "we," "us," or "our"). By accessing, enrolling in, or using our online curriculum and coaching services, you agree to be bound by these T&Cs.

1. Acceptance of Terms

By enrolling in our course or using our coaching services, you acknowledge that you have read, understood, and agree to these T&Cs. If you do not agree with any part of these terms, please do not use our services.

2. Description of Services

- The Vision Builder Programme is an online curriculum and coaching service designed to guide you through a systematic process of building a 10-year vision. The details of the curriculum and coaching program, including schedules, content, and fees, will be provided to you upon enrolment.
- The 1-1 coaching is described further below, it might be part of Vision Builder or standalone coaching.

3. Enrolment and Payment

3.1 **Enrolment**: To enrol in our course and coaching program, you must follow the registration process and provide accurate and complete information.

3.2 Payment:

- You agree to pay all applicable fees and charges associated with your enrolment. Payments are non-refundable.
- If you are Paying via a Payment Plan: by agreeing to these terms and conditions, you are expressly committing to the completion of the entire coaching program. This payment plan is based on the understanding that the commitment is for the full program duration
- Upon receipt of the first payment for Vision Builder you will receive access to the Online Curriculum and be prompted to schedule your first 1-1 with your Coach
- Ahead of subsequent sessions payment must be visible in Coach's account at least 10 days before each session

4. Coaching Sessions

- 4.1 **Scheduling**: Coaching sessions will be scheduled according to the terms agreed upon between you and your assigned coach. Any changes to the schedule must be communicated with your coach.
- 4.2 **Cancellations**: If you need to cancel or reschedule a coaching session, you must provide at least 24 hour's notice. Failure to do so, after one reschedule, may result in a forfeiture of the session.

5. Intellectual Property

All programme materials, including but not limited to videos, documents, and resources, are the intellectual property of the Provider and are protected by copyright laws. You may only use these materials for personal and non-commercial purposes. Reproduction, distribution, or sharing of these materials without prior written consent is prohibited.

6. Privacy Policy

Your use of our services is also governed by our Privacy Policy, which can be found at www.mayagudka.com

7. Limitation of Liability

7.1 **No Guarantees**: While we strive to provide valuable coaching and educational content, we do not guarantee specific outcomes, results, or achievements as a result of using our services.

For example, whilst I provide Interview Coaching, I cannot guarantee success in these interviews.

7.2 **No Professional Advice**: Our courses and coaching services are not a substitute for professional advice or consultation. You are responsible for making decisions and taking actions based on your own judgment.

8. Termination

We reserve the right to terminate your access to our services at our discretion, with or without cause, and with or without notice.

9. Changes to T&Cs

We may update these T&Cs from time to time. Your continued use of our services after such changes constitutes your acceptance of the updated T&Cs.

10. Expectations

This coaching relationship is entered into in good faith, and my desire and intent is to support you to the best of my capabilities during our time together.

Coaching in general, and my programmes are ones where the more you put in, the more you get out.

These are the values I work with:

- We are transparent & honest we always communicate openly, tactfully and with full transparency, even when it's hard to do so
- We are resourceful and take full responsibility we never play victim and recognise that our reality is a typically result of our past thinking, decisions and actions.
- We're patient with the outcome and take aligned action towards our desires.
- We are positive this does not mean we bypass our emotions and challenges. It means we recognise when we feel negative or defeated, we take responsibility for that and choose to process that emotion so we can come back into a state of self-empowerment and hopefulness
- We are fully and 100% committed to ourselves and our success we choose to be relentless in the pursuit of our desires and the success we know we're ultimately made for

11. Contact Information

If you have any questions or concerns about these T&Cs or our services, please contact us at maya@mayagudka.com